

The Michigan Association of Community Mental Health Boards &  
The Michigan Department of Community Health, in Partnership with  
Sidran Traumatic Stress Institute  
Present

## Trauma Informed Care: The Powerful Role of Peer Support Specialists

Featuring

**Ruta Mazelis**

Sidran Traumatic Stress Institute

**August 29 & 30, 2011**

Or

**August 31 & September 1, 2011**

Ralph A. MacMullan Conference Center

104 Conservation Drive, Roscommon, MI, 48653

**Agenda:** day one: 9am-5pm; day two: 9am-3pm

**Who Can Attend:** Certified Peer Support Specialist

**Cost & What Is Included:** There is a \$25 charge for this training. Conference materials, food and lodging will also be provided.



Ruta Mazelis is a popular speaker, trainer, program development consultant, and content specialist for Sidran Traumatic Stress Institute. She is editor of the Healing Self-Injury website, which derived from her groundbreaking international quarterly publication, *The Cutting Edge: A Newsletter for People Living with Self-Inflicted Violence*, 1990-2008. Ruta has worked in the trauma field as a researcher, consultant, author, survivor and policy advocate. She has also worked as a counselor in substance abuse and mental health programs. Her expertise impacts local communities, national systems of care, and international projects as well. In addition to *The Cutting Edge* newsletter, she has published numerous articles and contributed to research studies about self-inflicted injury, trauma, peer specialists/consumer integration, women, co-occurring disorders and violence, and substance abuse treatment.

She frequently consults to the federal Center for Mental Health Services on topics related to abuse, retraumatization, trauma-informed systems of care, self-injury, and criminal-justice involved survivors. She provided extensive technical assistance to the SAMHSA Women, Co-occurring Disorders and Violence Project. Ruta was a program manager for CMHS's National Center for Trauma-Informed Care (NCTIC) and serves on the National Trauma Consortium as well as other projects.

Registration Form – Attn: Annette Pepper

## Trauma Informed Care

**\$25 per person**

Ralph A. MacMullan Conference Center, Higgins Lake

**(Cost includes breakfast, lunch, and dinner except Sunday's dinner)**

August 29 & 30, 2011 OR  August 31 & September 1, 2011

Please reserve your overnight rooms here: check in time is Sunday from 5:00pm – 10:00pm

\_\_\_ Sun. 8/28 \_\_\_ Mon. 8/29      OR      \_\_\_ Tues. 8/30 \_\_\_ Wed. 8/31 \_\_\_

**Register via Fax at 517/374-1053, or Mail to 426 S. Walnut St., Lansing, MI, 48933**

MY ROOMMATE PREFERENCE: \_\_\_\_\_

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Board/Agency: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

**\*please provide email address so we may send you confirmation**

Emergency Contact Name: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Billing Address: (if different than above): \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

**Special Needs:** \_\_\_\_\_

Clearly state your specific needs for dietary restrictions, mobility assistance, interpreters, etc. Arrangements for special needs will be honored for those written requests received 10 business days prior to the training. All attempts for on-site requests will be made.

**Cancellation Policy:** Registrations may be transferred to another employee of the same firm upon written request to the MACMHB office. Cancellations **must be received in writing** to the MACMHB office within **10 business days prior** to the date of the training to receive a refund less a \$5 administrative fee. Any registrant who did not attend the event and did not cancel according to the cancellation policy will be charged the full registration fee.

**Payment:** Payment does not need to accompany this form but must be received 5 business days before the training. Please note, confirmation letters are only sent if an email address is provided.

Check Enclosed (payable to MACMHB)

Purchase Order (attached)

Credit Card / PayPal: To pay by credit card you must go to [www.macmhb.org](http://www.macmhb.org) and click on to 2011 Event Payment Page and then click on to the name and date of the training.

**Questions? Contact MACMHB at 517-374-6848**

**Expectations of your Agency:** Registration cost of \$25, transportation to the Ralph A. MacMullan Conference Center. Peers must be paid their full salary during the training and reimbursed for travel time.

**Cost and What is Included:** \$25, which includes all conference materials, food and lodging. Any additional meals/snacks must be provided by the participant. Please note attendees must attend the entire session.

**Overnights & Roommates:** Lodging will be provided at no extra charge; however it may be necessary to have two people share a guest room. Please indicate your specific roommate request on the attached registration form. If you do not make specific requests, you will be paired with a peer from another area of the state. Please make note on the registration form if you require special overnight accommodations at the training facility. Check in is Sunday 5:00pm – 10:00pm.

## **Directions to: Ralph A. MacMullan Conference Center**

From Detroit Area: Take I-75 North to Exit 244 (N. Higgins Lake State Park). Turn left onto I-75 BL/W Federal Highway/CR-200. Continue to follow CR 200--turning right to stay on N. Higgins Lake Drive for approximately 4 miles. Turn left onto N. Higgins Lake Rd/CR-200 and follow for approximately 1 mile. Turn left onto S. King Road, which becomes Conservation Drive.

From Kalamazoo/Western Lower Michigan Area: Take US131 North to Exit 180 (M-55 East Exit) towards Lake City. Turn right onto East MI-55, and follow for approximately 8 miles. Turn left onto MI-55/MI-66/S. Morey Road, and follow for approximately 5 miles. Turn right onto W. Houghton Lake Rd/MI-55 and continue to follow for approximately 20 miles. Merge onto US-127 and follow for approximately 12 miles. Take Exit 206 towards Military Rd/Camp Grayling/Roscommon. Turn right onto N. Higgins Lake Rd/CR-200, and follow for approximately 1 mile. Turn right onto S. King Road, which becomes Conservation Drive.

From Lansing/Central Lower Michigan Area: Take 127 North to Exit 206 toward Military Rd/Camp Grayling/Roscommon. Turn right onto N. Higgins Lake Rd/CR-200, and follow for approximately 1 mile. Turn right onto S. King Road. South King Road becomes Conservation Drive. Turn left to stay on Conservation Drive.

From St. Ignace/Upper Peninsula: Take I-75 for approximately 95 miles to Exit 249 (US-127 South) towards Clare/Lansing. Follow for approximately 5 ½ miles, and take Exit 206 towards Military Road, and follow for ½ mile. Turn left onto N. Higgins Lake RD/CR-200, and follow for approximately 1 mile. Turn right onto S. King Road. South King Road becomes Conservation Drive.

If you are on the road and need assistance,  
please call the Ralph MacMullan Center at 989 - 821-6200  
or **Bob & Jeanne White** at 906 - 450-5985

### **PLEASE NOTE!!**

Sunday, August 28, 2011 check-in is between the hours of 5pm to 10pm